SO CAL HAMMERS WRESTLING PARTICIPATION WAIVER

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In signing this waiver I as a competent adult over the age of Eighteen years old I fully acknowledge and understand all risks associated with the sport of wrestling, the engaging of strenuous exercise and certify that the individual under the age of Eighteen years that I am exercising this waiver on the behalf of (OR signee over the age of Eighteen) has been fully cleared to participate in wrestling and athletics prior to the execution of this document by a licensed medical professional in good standing with the state and federal medical board.

I am also stating that the (Participant) has been cleared by a mental health specialist if applicable should the (Participant) have a prior history of mental health issues). Additionally I acknowledge the (Participant) has been cleared by a medical professional should the (Participant) currently be on any prescription medication so as to protect against / be aware of any negative interactions / complications that can / could potentially arise during wrestling activity(s).

Additionally by executing this waiver I understand that SoCal Hammers may utilize my image and or likeness (the under Eighteen year old child being signed on behalf of or individuals exercising his waiver over the age of Eighteen years old) in both still and video format for advertising with the intention of commercial business growth with no renumeration being given to the club member (both over and under Eighteen years old) therefor no reasonable expectation of

privacy during time on the workout floor (on the mat in wrestling room) may be had. SoCal Hammers utilized both still and video footage of club members in the following (but not limited to) formats -

Print advertising Vimeo Youtube Instagram Facebook Web Site

*NOTA BENE - While exercising and conducting wrestling training outdoors still and video images of class and individuals may be taken for utilization on the (but not limited to) the above referenced social media sites.

Please note

In signing this waiver / release of liability I acknowledge and represent that I am at least Eighteen years old, of sound mind and

- 1) Have Read This Agreement And Fully Understand And Acknowledge Its Terms
- 2) I understand in the signing of this waiver / release of liability that I have given up a substantial rights by signing it.
- 3) State that I have signed freely and not under duress or coercion and without any inducement or assurance of any nature and it is my intention that it should serve as a complete and unconditional release of any and all liability to the greatest extent allowed both by the State Laws Of California and Federal Law.

CHILD NAME -
DADENT(S) / CLIADDIAN(S) NAMES (print)
PARENT(S) / GUARDIAN(S) NAMES (print) PARENT ONE
PARENT TWO
PARENT(S)/GUARDIANS SIGNATURE(S)
PARENT ONE

PARENT TWO	
EMAIL PARENT ONE	
BEST CONTACT NUMBER(S) PARENT ONE	•
EMAIL PARENT TWO	
BEST CONTACT NUMBER(S) PARENT TWO	